

## **The Portion of in a Nutshell**

## **The Bride, Annulling the Ceritificate of Debt, and the Apostle Paul**

*Messiah, our husband*

*Atonement in the suffering of the righteous*

*The certificate of debt and rightly understanding the Apostle Paul*

## **Two Paths to Purity and Kintsugi**

## **The Dynamics of Your Life Journey - The Torah Contains Your Map**

# מטות-מסעי ("Tribes-Journey") Matot-Masei

Letter of the Ana b'Koach	Camp	Significance/Correction
א	רעמסס - Ramsees	<i>Rah-Mases</i> . Separating the good from the bad. Going out of our negative environments.
ב	סכת - Sukkot	Entering the Shade of the Light, Protection and Certainty
ג	אתם - Etam	Acronym of " <i>Al Tira Mipachad</i> " Removing fear, only having a fear of disconnecting from the Light
י	פי החירות - Pi Hachiroth	"Mouth of Freedom." Freedom from the Angel of death and the Negative Side.
ת	מרה - Marah	Water represents Torah. Sweet water is the sweet true Torah, and bitter water is the false Torah. Disconnecting from our false belief systems.
ץ	אילם - Elim	Acronym of " <i>Yaakov Avinu Lo Met</i> " Jacob did not die. Connection to Jacob who was a channel of Truth. <i>Emet</i> . Also here was revealed 12 wells and 70 palm trees. 12 Tribes and the 70 Sanhedrin. Also 70 = Sod, Secret.
ק	ים סוף - Reed Sea	Mind over Matter, splitting the Red Seas in our personal lives.
ר	סין - Sin	Connection to Mount Sinai, which has an extra <i>Yud</i> corresponding to the 10 Utterances. Also <i>Sin</i> is the numerical value of 120, which connects to the 120 days Moses was on the mountain altogether.
ע	דפקה - Dophkah	"Beating" their hearts were beating since they did not have any bread to eat. Removing worries and trusting in the Light.
ע	אלוש - Alush	Here they received the <i>Manna</i> , in the merit of Sarah, who baked for her guests " <i>Lushi Ve'asi Ugot</i> " <i>Alush</i> comes from <i>Lushi</i> . Connecting to spiritual prosperity.
פ	רפידים - Rephidim	Here they "gave up" ( <i>Rafu yadam</i> ) and they questioned and doubted themselves. "Is God really with us?" Then <i>Amalek</i> came. Here we can connect to certainty and remove doubts. Also the power to never give up in the spiritual work.
פ	Desert of Sinai - מדבר סיני	Connecting to the Torah, which is <i>Etz Hachayim</i> Tree of Life. The Torah is the remedy to the Evil Inclination.
צ	קברת התאה - Kivrot Hataavah	Once they connected to the Torah, they were able to "bury their lusts" and break the desire to receive for the self alone.
צ	חצרת - Chatzerot	Once they broke their selfish desires, they were able to travel in the " <i>chatzerot verechovot</i> " courtyards and streets, without any fear. Also <i>chatzerot</i> means limitations, here we can connect to defying our limitations.
ד	רתמה - Ritmah	This is the place where the spies spoke <i>Lashon Hara</i> about Israel and sentenced Israelites another 38 years in the desert. We can correct <i>Lashon Hara</i> . <i>Ritma</i> (with <i>yud</i> ) is numerical value of <i>Lashon Ra</i>

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י	Rimmon Peretz - רמון פרץ	"Breaking the Pomegranate" Someone who has the spirit of God burning inside them (excitement) has the ability to see the deeper internal aspects of things, and not just the external <i>Klipa</i> . Learning and seeing messages from everything around us. Being able to reveal the concealed.
כ	Livnah - לבנה	From "Lavan" which means white. Connection to <i>Chassadim</i> , mercy and sharing. White is the color of Right column.
ע	Rissah - רסה	<i>Resh Samech</i> is 260, 10x the Tetragrammaton, the ability to channel down the Light of the Creator
ב	Khelatah - קהלטה	"Assembly" This is where Korach assembled 250 men and started uprising against Moses. Correcting the <i>Klipa</i> of arguing and doubting the authority of the Light.
ט	Har Shapher הר עפר	"Beautiful" connecting to the real beauty of life, connection to the Light, and disconnecting from the false beauty of the 1% illusionary reality.
ר	Charadah - חרדה	Replacing Fear and worry with Awe and appreciation of the power of the Light.
ז	Mak'helot - מקהלות	"Assemblies" connecting to the power of unity.
ת	Tachat - תחת	"Exchange" the power to exchange and leave our Evil Inclination for the connection to the Light.
ג	Terach - תרח	Terach was Abraham's father, disconnecting from Idol worship.
ו	Mitkah - מתקה	"Sweet" connecting to the true sweetness in life, which is the 99%, and disconnecting from the illusionary sweetness of this 1% world.
ק	Chashmonah - חשמונה	Comes from <i>Shemen</i> (oil). To have the ability to feel the Divine Providence of the Light, like "oil spilling down the beard."
מ	Moserot - מסרות	" <i>Mesirut Nefesh</i> " complete devotion and giving up ourselves to the Light. Letting go of the 1%.
ט	Bene Yaakan - בני יעקן	Comes from " <i>AK</i> " which means distressed. The ability to inject life into the lowest levels: places of distress, narrowness and death, and ultimately to elevate the sparks of light that were stuck in the lowest places.
ז	Chor Haggidgad - חור הגדגד	Twice " <i>Gad</i> ", consisting of <i>Gimmel</i> (which means giving) and <i>Dalet</i> (which means poverty). The ability to become channels of sustenance and blessings.
נ	Yotvatah - יטבתה	"Pleasantness" Seeing the goodness and mercy of the Light in our lives.
י	Avronah - עברנה	"Passing" Being a true channel. Not just keeping the light for ourselves, but passing it over to others. Circuitry.
ג	Etzion Gaver - עציון גבר	Sweetening and elevating negative thoughts using the name <i>Kaf-Hei-Tav</i> , which is the same numerical value of <i>Etzion Gaver</i> . It is also the Numerical Value of 25 x Tov (17; Good). By recognizing the good that the Creator does for us we can gain the strength to remove judgments. " <i>Gavar Alenu Chasdo</i> " (His kindness overcame us; Psalms 117:2).
ל	Kadesh (Tzin) - longest stop - 19 years קדש	<i>Tzin</i> means "cold," and <i>Kadesh</i> is <i>Kad Esh</i> (burning fire). Doing the spiritual work with fiery excitement. <i>Kadesh</i> also means to sanctify, since this is the place where Moses and Aharon sanctified God (aroused deep appreciation amongst the people), when Moses Hit the rock, bringing forth water for the people to drink.

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פ	Hor Hahar ההר הר	Here Aaron died, Moses mourned his brother, and the Canaanites wanted to attack the Israelites. Here we can connect to perseverance in the spiritual work even when there is sadness and difficulty.
ז	Tzalmonah - צלמונה	"Shade/death" Israelites complained resulting in the snakes that killed them in the next stop.
ח	Punon - פון	"Panu" means approached, the snakes approached the Israelites to kill them. However Moses made a copper snake and placed it on a high pole. Whenever a snake bit a man, he would gaze at the copper snake and live. Here we can connect to the vaccine against death.
ע	Ovot - אבות	Comes from "Avot" meaning "forefathers," gaining their assistance in our life travels. The next stop was on the border of <i>Moav</i> , since each one of us are sometimes on the verge of disconnecting, but when we connect to the forefathers (the Three-Column-System) we can be saved.
ק	Iye Ha'avarim - עיי העברים	Seeing the miracles in our life. Awakening appreciation.
ו	Divon Gad - דיבן גר	<i>Divon</i> is the numerical value of <i>Binah</i> + 1, and <i>Gad</i> represents the <i>Manna</i> , since the Bible describes the <i>Manna</i> as " <i>Zera Gad</i> " (Coriander Seed). Here we connect to the power of eating with consciousness and purity.
ז	Almon Divlatayma עלמון דבלתימה	<i>Almon</i> means "hidden/concealed" and <i>Divlatayma</i> means "sweet pressed figs" We connect here to modesty, especially in regards to the sweet things in our lives. The secret is in the verse <i>Kevod Elokim Haster Davar</i> "God is glorified by concealing a thing" (Proverbs 25:2)
י	Harei Ha'avarim הרי העברים	"Mountains of passing" Passing from the domain of negativity to the domain of the Light.
ת	ערבות מואב Arvot Moav	Final correction - <i>Gmar Hattikun</i> . <i>Arvot</i> means "delight/pleasure." The only way to connect to the final correction is by feeling the pleasantness of the spiritual work. This is also the place where we can feel pain as pleasure ,and where nothing physical can control us. Connection to Rav Akiva.